



Dear (*Mentor's name*):

Hello! I am writing to introduce myself. My name is _____ and I am a Mentee member in the **MentorCONNECT** community.

I read your information on the **MentorCONNECT Find A Mentor** page and thought we might be a good fit as a Mentoring Team. Here is a little bit more about myself (include eating disorder history, recovery goals, interests, why you joined MentorCONNECT, and anything else you would like a mentor to know to decide if it is a good fit).

My current time availability to meet is _____. I am available to communicate via (email/phone/mail/other).

I look forward to your response – thank you for your time and consideration.

Warmly,

(*your name*)